



Regular weekly activities:

Exercise:

Monday 3PM & Tuesday, Thursday & Friday 9:15AM-DVD

Monday 9:30AM & Wednesday 9:15AM "Get fit" with trainer Rick

Saturday 9:30AM "Senior Exercise" with trainer Justin

Mondays: 10:30AM Blood pressure with Bright Star Care

Wednesday:
12:15PM Wii Bowling Practice

2PM Bible Study with Carol & Mary Ellen

Thursday:
9AM Blood pressure with Great Lakes
10:30AM Knitting/Crochet Circle meets in the library-beginners are welcome

Friday:
9AM Shopping at County Market
1PM Open Bus

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

MARCH 2018

Hickory Glen "Active Senior Living"

<p>9:50AM Welcome March Morning Social w/Susanna</p> <p>2PM "New" Music w/Michael Garrett in the lobby</p> <p>6PM Phase 10 & Canasta in the library</p>		<p>11AM Dollar Tree & Hickory River</p> <p>1:30PM Bingo with Shana from the Bridge</p> <p>2:30PM Rummikub & Quiddler/Library</p> <p>6PM Movie & Popcorn</p>		<p>10:15AM Fun Puzzles in the lobby</p> <p>12:30PM Wii Bowling practice</p> <p>1PM Games in the library</p> <p>2PM Adult Coloring in the Hickory Lounge</p> <p>6PM Music w/Betty Gregory</p> <p>7:15PM Movie & Popcorn</p>	
<p>8AM Donuts & Coffee with Anna</p> <p>1:15PM Church Service w/Pastor Glenn</p> <p>2:15PM Bingo w/Barb M.</p> <p>3:15PM Rummikub & Quiddler</p> <p>6PM Movie & Popcorn</p>	<p>11AM Lunch outing to Ritz's</p> <p>1PM Beekeeping presentation with Arvin in the Hickory Lounge</p> <p>6PM Night Owl Card Games & Snacks in the Library/Poker on 6th</p>	<p>10AM What's baking with Susanna</p> <p>1PM Craft with Susanna in the activity room</p> <p>3PM Music in motion in the Hickory Lounge</p> <p>6PM Singing & Stories with Les Sarge Morgan</p>	<p>8AM Reading w/St. Agnes 1st graders</p> <p>10:15AM 200 Years Farmers Almanac morning social</p> <p>6PM Mid week Movie & Popcorn</p>	<p>9:50AM All about "Owls"</p> <p>1PM Gospel sing along w/Pat & Susanna in the library</p> <p>2:30PM Strengthen your mind w/Susanna</p> <p>6PM Phase 10 & Canasta in the library</p>	<p>11AM JoAnn's, Michaels & Casa Real</p> <p>1:30PM Bingo with Will from Bright Star</p> <p>2:30PM Rummikub & Quiddler/Library</p> <p>3PM Shuffle board lesson w/Shawn</p> <p>6PM Movie & Popcorn</p>
<p>10AM Church Service in the library</p> <p>10:30AM Catholic Communion</p> <p>2PM Bingo with Tom T.</p> <p>3:15PM Quiddler & Rummikub</p> <p>6PM Movie & Popcorn</p> <p>Daylight Saving Time Begins</p>	<p>10AM Lunch outing Annabel Lee's & Peddler Antique Shops on the square</p> <p>1:30PM Painting with Evie</p> <p>6PM Night Owl Card Games & Snacks in the Library/Poker on 6th</p>	<p>10:15AM Let's explore Ireland</p> <p>1PM Drum Circle w/Susanna (30min)</p> <p>2PM Resident Meeting in the dining room</p> <p>3PM Music in Motion</p> <p>6PM Guys Movie & Popcorn</p>	<p>8AM Reading w/St. Agnes 1st graders</p> <p>10:15AM Moments to remember, tea & cookies w/Susanna</p> <p>6PM Mid week Movie & Popcorn</p>	<p>9:50AM News & Coffee w/Susanna</p> <p>2PM St. Patrick's Day Party with Jay and Pat Landers</p> <p>6PM Phase 10 & Canasta in the library</p>	<p>11AM Country ride at Café Coco</p> <p>1:20PM Bingo w/Rick From audibel</p> <p>2:30PM Justin Dancer's with back pipers</p> <p>3PM Hearing aid check up w/Rick from Audibel</p> <p>6PM Movie & Popcorn</p> <p>St. Patrick's Day</p>
<p>1:15PM Church Service With Pastor Glenn</p> <p>2:15PM Bingo with Nadine B.</p> <p>3:30PM Games in the Library</p> <p>6PM Movie & Popcorn</p>	<p>9:30AM Outing to Antique Shops & Cracker Barrel</p> <p>1:30PM Wii Bowling with the Mary Bryant Home</p> <p>6PM Night Owl Card Games & Snacks in the Library/Poker on 6th Floor</p>	<p>10AM Front Porch Travel Kenya</p> <p>1:30PM Lincoln Library Bus</p> <p>2PM Show & Tell w/Susanna in the Hickory Lounge</p> <p>6PM Guys Movie & Popcorn</p>	<p>8AM Reading w/St. Agnes 1st graders</p> <p>10:15AM New word on the Street/game with Susanna</p> <p>10:30AM Avon Calling</p> <p>6PM Mid week Movie & Popcorn</p>	<p>9:50AM News & Coffee w/Susanna</p> <p>12PM March Birthday Lunch bunch</p> <p>2:30PM Happy Hour w/Ed Clark</p> <p>6PM Phase 10 & Canasta in the library</p>	<p>National Chip & Dip Day</p> <p>11AM Engrained Brewery & Scheels</p> <p>1:30PM Bingo with Kathy from the Villas</p> <p>2:30PM Rummikub & Quiddler/Library</p> <p>6PM Movie & Popcorn</p>
<p>10AM Church Service in the library</p> <p>10:30AM Catholic Communion</p> <p>2PM Bingo with Norma P.</p> <p>3:15PM Farkel & Rummikub/ Library</p> <p>6PM Movie & Popcorn</p> <p>Palm Sunday</p>	<p>9AM Outing to Von Maur in Decatur & lunch of our choice</p> <p>1PM Painting w/Kimberly</p> <p>6PM Night Owl Card Games & Snacks in the Library/Poker on 6th Floor</p>	<p>9AM Senior Life Style Expo at SJR</p> <p>1PM Music with Judy Fulton in the Lobby</p> <p>3PM Music in Motion</p> <p>6PM Guys Movie & Popcorn</p>	<p>8AM Men's breakfast with Susanna</p> <p>10:15AM Old Time Sing Along w/Susanna in the Library</p> <p>12:30AM Easter Egg hunt with St. Agnes 1st Graders</p> <p>6PM Mid week Movie & Popcorn</p>	<p>1:30PM Bean Bag toss w/Susanna/ Lobby</p> <p>2:30PM Meet Shawn for a game of Pool on 3rd floor</p> <p>4PM Early supper & Chesapeake Seafood House</p> <p>6PM Phase 10 & Canasta in the library</p>	<p>1:30PM Quarter Bingo with Shawn</p> <p>2:30PM Rummikub & Quiddler/Library</p> <p>6PM Movie & Popcorn</p> <p>First Day of Passover Good Friday</p>
					<p>10:15AM Fun Puzzles in the lobby</p> <p>12:30PM Wii Bowling practice</p> <p>1PM Games in the library</p> <p>2PM Adult Coloring in the Hickory Lounge</p> <p>6PM Movie & Popcorn</p>

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All activities are subject to change! Please make sure you check our weekly calendar and daily dash ☺